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REVIEW ARTICLE

TYPES OF ABUSE - HOMOEOPATHY FOR EMOTIONAL TRAUMA: A PATH TO HEALING FROM ABUSE

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Abstract

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Key Word- The word abuse cover many different ways someone may harm Physical abuse, Sexual abuse, Emotional abuse, Neglect, Exploitation

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Interaction in which one person Behave in a cruel, violent, demeaning or invasive manner towards another person or an animal. The term most commonly implies physical mistreatment but also encompasses sexual and psychological (emotional) mistreatment.

By american psychological association

Abuse is the improper usage or treatment for a bad purpose, often to unfairly or improperly gain benefit. Abuse can come in many forms, such as: physical or verbal maltreatment, injury, sexual assault, violation, rape, unjust practices; wrongful practice or custom; offense; crime, or otherwise verbal aggression.

INTRODUCTION

If you abuse someone, it means you are hurting that person, mentally, emotionally, or physically. The word abuse is made up of two parts- use which means to employ, and ab-, a latin prefix meaning away- and as a whole comes from the Latin abusus, meaning misuse or use wrongly.

Types of abuse

- **Physical Abuse** - is intentional bodily injury

- **Sexual Abuse** - is nonconseual sexual contact like inappropriate touching , rape
- **Mental or Emotional Abuse** - is deliberately causing mental or emotional pain. Example include harassment, treating a adult like child .
- **Neglect** - occurs when a person, either through his/her action or inaction , deprives a vulnerable adult of the care necessary to maintain the vulnerable adults physical or mental health .
- **Exploitation** - occurs when a vulnerable adult or his/her resources or income are illegally or improperly used for another person's profit or gain.

CHILD ABUSE

- **Child physical abuse** is non accidental physical injury to a child—ranging from minor bruises to severe fractures or death—occurring as a result of punching, beating, kicking, biting, shaking, throwing, stabbing, choking, hitting (with a hand, stick, strap, or other object), burning, or any other method that is inflicted by a parent, caregiver, or other individual who has responsibility for the child. Such injury is considered abuse regardless of whether the caregiver intended to hurt the child.
- **Child sexual abuse** any sexual act involving a child that is intended to provide sexual gratification to a parent, caregiver, or other individual who has responsibility for the child. Sexual abuse includes activities such as fondling a child's genitals, penetration, incest, rape, sodomy, and indecent exposure. Sexual abuse also includes noncontact exploitation of a child by a parent or caregiver—for example, forcing, tricking, enticing, threatening, or pressuring a child to participate in acts for the sexual gratification of others, without direct physical contact between child and abuser. **Child Neglect** is defined as any confirmed or suspected egregious act or omission by a child's parent or other caregiver that deprives the child of basic age-appropriate needs and thereby results, or has reasonable potential to result, in physical or psychological harm to the child. Child neglect encompasses abandonment; lack of appropriate supervision; failure to attend to necessary emotional or psychological needs; and failure to provide necessary education, medical care, nourishment, shelter, and/or clothing.
- **Child psychological abuse** is non accidental verbal or symbolic acts by a child's parent or caregiver that result, or have reasonable potential to result, in significant psychological harm to the child.

ADULT ABUSE

- **Spouse or Partner Violence, Sexual** - This category should be used when forced or coerced sexual acts with an intimate partner have occurred during the past year. Sexual violence may involve the use of physical force or psychological coercion to compel the partner to engage in a sexual act against his or her will, whether or not the act is completed. Also included in this category are sexual acts with an intimate partner who is unable to consent.
- **Spouse or Partner Neglect** - Partner neglect is any egregious act or omission in the past year by one partner that deprives a dependent partner of basic needs and thereby results, or has reasonable potential to result, in physical or psychological harm to the dependent partner.
- **Spouse or Partner Abuse, Psychological** - Partner psychological abuse encompasses nonaccidental verbal or symbolic acts by one partner that result, or have reasonable potential to result, in significant harm to the other partner.
- **Adult Abuse by Nonspouse or Nonpartner** - These categories should be used when an adult has been abused by another adult who is not an intimate partner. Such maltreatment may involve acts of physical, sexual, or emotional abuse. Examples of adult abuse include non accidental acts of physical force (e.g., pushing/shoving, scratching, slapping, throwing something that could hurt, punching, biting) that have resulted—or have reasonable potential to result—in physical harm or have caused significant fear; forced or coerced sexual acts; and verbal or symbolic acts with the potential to cause psychological harm (e.g., berating or humiliating the person; interrogating the person; restricting the person's ability to come and go freely; obstructing the person's access to assistance; threatening the person; harming or threatening to harm people or things that the person cares about; restricting the person's access to or use of economic resources; isolating the person from family, friends, or social support resources; stalking the person; trying to make the person think that he or she is crazy).
- **Workplace abuse** tendency of individuals or groups to use persistent aggressive or unreasonable behaviour against a co-worker. Workplace bullying can include such tactics as

verbal, nonverbal, psychological, physical abuse and humiliation

ELDER ABUSE

Elder abuse is a type of harm to older adults involving abuse by trusted individuals in a manner that "causes harm or distress to an older person." This definition has been adopted by the World Health Organization from a definition put forward by Action on Elder Abuse in the UK. The abuse includes violence, neglect, and other crimes committed against an elderly person and their forms include physical, mental, and financial abuses as well as passive and active neglect.

Abuse of parents by their children- Parents are quite often subject to levels of childhood aggression, typically in the form of verbal or physical abuse, in excess of normal childhood aggressive outbursts. A parent feel a sense of shame and humiliation to have that problem, so they rarely seek help; nor is much help available today

RUBRICS

- AILMENTS FROM - abused; after being - ambr. anac. carc. Caust. Coff. cur.mr. lac-c. Staph.
- AILMENTS FROM - abused; after being - sexually- ACON. am-m. Ambr. anac. androc. ARN. ars. aur-m. Bapt. berb. calc-p. cann-i. CARC. caust. croc. cupr. cur. Cycl. falco-pe. foll. hyos. IGN. kreos. lac-c. Lac-f. Lyc.d Med. Melis. natc. NAT-M. nux-v. OP. Orig. Plat. SEP. STAPH. stram.,vad thuja tub ust. xanth.
- AILMENTS FROM - abused; after being - sexually - children; in- acon. anac. arn. Carc. ign. kreos. lac-c. lyc. Med. nat-m. nux-v. op. Plat. sep. staph. Thuj.
- DELUSIONS, IMAGINATIONS
  - abused, being Bar-c. cocaine. cur. falco-pe. Hyos. ign. lyss.. pall. Rhus-g.Staph.
  - abused, being - mother is abused; her: berberis
- DREAMS child, children - about - abused lac-loxod-a. ozone plut-n.
- DREAMS- ABUSED; being - defend himself- weak to; too: Ambra

IN ROBIN MURPHY'S HOMOEOPATHIC MEDICAL REPERTORY DISCUSS SOME RUBRICS under chapter children , which is helpful in selecting a proper medicine based on causative factor .

- Chapter children, ABUSED, general ailments from being ; ANAC, CARC, COLO, IGN, LYCO, NAT-MUR, palladium, phosphoric acid
- Sexual abuse from; ACON, ARN, CARC,IGN, NAT-MUR, OPIUM,SEP, STAPH

- Violence from; ARN, CARC, OPIUM, STAPH
- Physical Abuse PHOS

STRAM- LAC CAN, LYSSIN

Homoeopathic Medicine

LAC CANINUM-'I am what you want me to be

- Prepared from dog's (bitch) milk
- The animal is totally controlled and civilised so that it has to suppress its basic animal nature and can only express its controlled, civilised side.
- Main theme:- dominance (the bigger dominating the smaller), who is going to be on top
- Survival depends upon the master like for food.
- So it is out to please him by its performance, its affection. If doesn't perform this he/she won't be needed anymore and will be kicked out. But the dog knows that no matter how much it tries to please, he/she will always be inferior.
- fear that their family will abandon them unless they conform to the family's demands.- dominated and suffocated by them, as if they can't escape their influence.- become completely identified with the family's needs and expectations—and cut off from their own individual needs, wants and desires.-- bcz they are dependent on them
- Don't have a strong sense of self
- feels that he cannot possibly survive in life without the support and structure of his original family
- Animal side:- malicious
- Develop malice and hatred because they hold somebody else responsible for their condition. Can also become mean "(writing meanness to her friend

Sexual Abuse

NATRUM CARB, SEPIA, MAG BROM, AMMONIUM, PULS- THUJA, AURUM:

Natrum carbonicum

Obedient, Sensitive to noise, Sensitive to rudeness, Headache sun exposure after, Lack of emotional support

History of sexual abuse, Oversensitive to loud noise, Consolation aggravation, Anxiety about family

Reproaches oneself

Natrum: Emotion Fear of being hurt

- Emotional dependancy
- Anxiety of conscience

Carbon: Support

- Dependency
- Fear of survival

DILIGENT, natrum carb also has one to one relationship and when the relationship is not there or the partner is gone then natrum carb show great sadness.

FEAR OF THUNDERSTROM

MIND; dreams of dead person of

MIND ;cheerful ,but fearful

MIND; anxiety ,others for

Chilly but heat of sun aggravates

SEPIA

MIND; UNDERTAKES; things opposed to his intention Issue of sexual abuse. Sepia was sexually abused as a young child and the experience filled him with such horror, that she was never able to get over it. Being sexually abused is worse for Sepias than for any other constitution, because they already have core issues about being forced to do things against their will, and core issues are always painful and affect people deeply.

Sepia had experienced both emotional and sexual abuse in the past. She carried unresolved grief and anger inside her, and at times she built up resentment against men in general. She did, however, have a close relationship with her father, whom she loved very much.

The main feeling of sepia is that she is forced to undertake things opposed to her intention what she dosen't want to do. She feels unfortunate. She feels forced to accept situation against her will, because of her feeling of not being good enough

EMOTIONAL ABUSE

ARNICA, CARCINOSIN, ANACARDIUM, LYCOPODIUM NATRUM MUR

Mind; Delusion floating air in Mind; Ailment, mental shock ; from MIND; fear touch of

GENERALITIES; trembling, exertion from

The main theme of arnica symptomatology revolves around a deep traumatic experience upon the physical or emotional or mental body

Injury on mental level means injury on ego

Defensive stage - Anica patient is easily irritable, aggressive, appear to be fighting with everybody and everything, very opinionated and obstinate , nothing please him Irritable ---cursing ---become furious Contradictory, capricious But after trauma or any other life changing event there is a state of passiveness , wants to be left alone extreme sensitivity, morose, taciturn

The whole symptamatolgy develops around fear; do not touch me, do not come close to me .

Arnica patient is so egostic that when in pain he said he dosen't need help because he does not want any obligation or someone is obliged to do something for him. The main theme of arnica symptomatology revolves around a deep traumatic experience upon the physical or emotional or mental body Injury on mental level means injury on ego

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CARCINOSIN

Carcinosin child is like "Bonsai Tree" as the child's own identity is never allowed to express .The main feeling amongst remedies and person is that his survival depend upon performing task.

Ailments from long list of domination of others (The patient stretch themselves to utmost hope of success because to them failure means death and destruction Strict parental control, strict environment

History of taking too much in early stage of life. child become precocious Superhuman effort - they set high standard for themselves .There is a need of perfection that make carci people sensitive to reprimands , offend easily .As a partner also they want to be perfect , perfect one for job, and this perfection creates anticipatory anxiety (anxiety about health , anxiety about disease)

CONCLUSION

Abuse in any form is a grave violation of human dignity and rights. Its impact is profound, affecting the mental, physical, and emotional well-being of individuals, often for a lifetime. It is our collective responsibility to recognize the signs. Only through awareness, education and strong support system can we hope to break the cycle of abuse and build a world where every person is treated with respect and compassion.

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